

## New Heights



## Summer Camp

### PACKING LIST

The weather in CT varies at this time of the year. We would recommend that you dress in layers, so you can remove a layer as it warms up and you can add layers as it cools off at night. Jeans and shorts (not short shorts) a Camp T-shirt, athletic socks, and tennis shoes would work out fine. It is essential that each participant bring clothing to protect from cold and rain. There are no laundry facilities. We will provide **2 camp t-shirts**, but you will need shirts for the rest of the week (preferably New Heights camp shirts from previous years). **Use a laundry marker or a name tag to mark all clothing and personal belongings BEFORE coming to camp. Please bring only one suitcase as storage is limited. New Heights Summer Camp is a 7-Day Camp!**

#### THINGS TO BRING

A heart for God  
Attitude of Prayer  
Bible, Pen and Notebook  
Sleeping Bag/Pillow  
Bathrobe for Showerhouse  
2/3 Bath Towels  
Running Shoes  
"Nice Casual" Clothes for Banquet  
Casual Clothes  
Sleep Wear  
Toiletries  
Sunscreen & Hat  
Mosquito Repellant  
Medications (if needed)  
Inexpensive Disposable Camera  
Alarm Clock  
Flashlight  
Spending Money for snacks  
Jacket and/or Sweater  
Bathing Suit (modest)  
Poncho/Rain Gear

#### LEAVE AT HOME

Weapons  
Jewelry  
Walkmans  
Food or Beverages  
Video Games  
Water guns  
Bad attitudes  
Aerosol cans of anything  
IPods  
CD Players  
MP3 Players  
DVD Players