

New Heights



Summer Camp

PACKING LIST

The weather in CT varies at this time of the year. We would recommend that you dress in layers, so you can remove a layer as it warms up and you can add layers as it cools off at night. Jeans and shorts (not short shorts) a Camp T-shirt, athletic socks, and tennis shoes would work out fine. It is essential that each participant bring clothing to protect from cold and rain. There are no laundry facilities. We will provide **2 camp t-shirts**, but you will need shirts for the rest of the week (preferably New Heights camp shirts from previous years). **Use a laundry marker or a name tag to mark all clothing and personal belongings BEFORE coming to camp. Please bring only one suitcase as storage is limited. New Heights Summer Camp is a 7-Day Camp!**

THINGS TO BRING

A heart for God
Attitude of Prayer
Bible, Pen and Notebook
Sleeping Bag/Pillow
Bathrobe for Showerhouse
2/3 Bath Towels
Running Shoes
"Nice Casual" Clothes for Banquet
Casual Clothes
Sleep Wear
Toiletries
Sunscreen & Hat
Mosquito Repellant
Medications (if needed)
Inexpensive Disposable Camera
Alarm Clock
Flashlight
Spending Money for snacks
Jacket and/or Sweater
Bathing Suit (modest)
Poncho/Rain Gear

LEAVE AT HOME

Weapons
Jewelry
Walkmans
Food or Beverages
Video Games
Water guns
Bad attitudes
Aerosol cans of anything
IPods
CD Players
MP3 Players
DVD Players